



CAROLINA FLYER

Vol. 13, No. 43

Willing — Able — Ready!

Friday, Oct. 23, 2009

Reports from Battle: Finance Commander returns from Afghanistan

By Senior Airman
Mindy Bloem
Staff writer

Editor's note: This is part three of a four-week series, profiling Pope members who are deployed or have recently returned from deployment.

There is an old Afghan proverb that says, "The first day you meet, you are friends; the next day you meet, you are brothers."

For Maj. Michael Kwasnoski, 43rd Comptroller Squadron Commander, recently returned from a deployment to Afghanistan, that saying, in many ways, epitomized his time there.

"It was a tremendous opportunity to serve on an international level but also on an interpersonal level – getting to know our interpreters and the Afghan National Police, getting to know their own life story, their own hopes and desires for their family," he said. "I made some lifelong friends with the Afghan National Police, with the interpreters and with our coalition team members."

Major Kwasnoski served as the Deputy Chief, Afghan National Police Finance Reform Office, Comptroller and Programs Directorate, Combined Security Transition Command in Afghanistan from Feb. 7 to Aug. 11.

The deployment, his first, was unique for a field grade comptroller officer. He in-processed more than 1,450 Afghan police and improved business practices for the Ministry of Interior Affairs by mentoring the budget and finance directorate. He also forward deployed to 11 high-threat locations, completed 116 ground convoys and served as convoy commander on 16 occasions without incident in addition to conducting numerous staff assistance visits.

"An overarching theme that I found is to expect the unexpected," he said. "Never assume that because of your career field or because of your rank you won't be thrust into a certain experience."



PHOTO BY ROYAL NAVY LCDR GARRETH MORGAN

(Left to right) Two members of the Afghan National Police review a provincial payroll account with Maj. Michael Kwasnoski, 43rd Comptroller Squadron Commander, and his translator, a financial management professional and interpreter for Major Kwasnoski, during a staff assistance visit to the Ghowr Province in April.

On one particular forward deployment mission, Major Kwasnoski, armed with an M-16 weapon, took decisive action by manning a watchtower in response to a multiple shooting incident on coalition forces.

In addition to his other duties, the major worked to achieve resolution on numerous Afghan National Police pay issues, including increasing the use of electronic funds transfer.

"In a country where a small fraction of the folks use the banking system, it was a pretty big deal to move forward on the electronic fund transfer," Major Kwasnoski said. "When I arrived, about 50 percent of the Afghan National Police were being paid by electronic funds transfer. When we departed, we had that up to 73 percent for a police

force of more than 82,000. That's important because it allows for the internal controls. It allows for a level of transparency that a cash system can't provide."

The major worked closely with the Afghans to aid them in improving their banking practices.

"I'm very proud of the work we did training the regional and provincial finance officers, making for a more professional core of finance officers by training on processes, encouraging internal controls, increasing the use of automated systems and improving their liaison with the local banks," he said.

Major Kwasnoski said he will never forget the people he bonded with during his deployment.

"I feel very humble and grateful to

have had the chance to serve with our joint coalition partners, the Afghan National Police and also just scores of Afghan patriots, including the interpreters I served with – fantastic folks who used their time and talents to serve their country while putting their lives directly at risk," he said. "They were absolutely indispensable to our mission and they traveled extensively, convoyed extensively. They lived a very Spartan life all in an effort to improve their country and to offer their families a better life."

One of the major's fondest deployment memories involves a staff assistance visit he made to the Ghowr Province, working with provincial

See BATTLE on page 11

Pope SATAF V Postponed

By Capt. Dean Schmude
43rd Airlift Wing

This week, the 43rd Airlift Wing was scheduled to host the fifth Site Activation Task Force conference. The purpose was to work out details concerning real property transfer, transfer of base-level and mission-oriented services and a variety of other issues concerning personnel management and timelines. The participants included personnel from Air Mobility Command, 43rd AW, Airman and Family Readiness Center, 440th Airlift Wing, Fort Bragg, Army-IMCOM and other tenant units at Pope.

Unfortunately, the conference was postponed until a date to be determined in the near future. Headquarters Air Force and the Department of the Army are coordinating on a critical joint memorandum, and until that is signed, conference agenda items cannot be adequately addressed. Also, once the joint memorandum is signed, additional time is needed to finish drafting key Inter Service Support Agreements and work cost data associated with elements of the agreements.

In the meantime, we are aggressively reviewing requirements necessary to transfer operations and services from the active duty to Reserves. Working groups are ongoing and video conferences are scheduled with the MAJCOMs to refine these requirements.

An announcement will be made once a new SATAF conference date is determined.

Pope closes offices to recognize Wingman Day

By Master Sgt. David Mizelle
Mental Health Flight, NCO-in-Charge

Pope closed its offices Oct. 16 for a Wingman Day event designed to drive home the issues impacting the members assigned to the 43rd Airlift Wing. The day was broken down into two sessions, with the morning focusing on information and discussions on activities that threaten the safety, mission and welfare of every member assigned to our community. The afternoon was for smaller group discussions and role playing focused on sharing strategies to deal with issues such as stress management and conflict resolution — tools needed to build a healthy and resilient Airman.

The morning topics included the wingman concept, suicide prevention and responsible drinking.

This year's activities even went a step further by adding the human element in order to provide first-hand accounts from wing members to bring the issues home and provide something personal for each person in attendance to walk away with. Three wing members shared their personal stories and experiences. One discussed his DUI story, another shared his story about the loss of a family member to suicide and another shared her near-death experience from being hit head-on by someone who was texting while driving.

Our teammates shared their life-altering stories and previous believed attitudes. The Airman who received a DUI told the audience he never gave a second thought to operating a motor vehicle after drinking. He said he thought he was invincible. He also shared how his

ure of meeting so many wonderful people. I have so much respect and admiration for the men and women of the 43rd Security Forces Squadron. They have made me feel like I am one of their own.

Security Forces conducted my ceremony on Oct. 22. I was honored that Col. Charles Dunn, 43rd Mission Support Group Commander,

asked to officiate. I regret saying goodbye to Pope, but life is like a book – you must keep turning the pages. I leave Pope in the safe hands of Col. Johnson, 43rd Airlift Wing Commander, and Colonel Dunn, two fine gentlemen.

Thank you for all the kind words and I hope our paths cross again in the future.



PHOTO COURTESY

Col. James Johnson, 43rd Airlift Wing Commander, addresses wing personnel stressing responsible decision making during Wingman Day Oct. 16.

DUI impacted not only himself, but his family, his teammates and his career – even years later. He said he

received a DUI in 2006, glancing at his sleeve showing he's an Airman 1st Class despite being in the Air

Force since 2005. He cautioned others to not make the same errors in judgment which has had a significant impact on his career.

Another team member provided testimony of how a family member's suicide effects a family. Years later, the impact has continued to burden the surviving family, bringing about the often-asked questions of, "why did it happen?" and "was there anything I could have done to make a difference?" Many survivors experience the type of guilt that lingers on. The tragic loss of life that impacts those who are left behind is the message the presenter imparted.

Finally, a third team member spoke of a recent issue affecting the safety and welfare of those on

See WINGMAN DAY on page 11

Farewell letter from Master Sgt. Arthur Cavanaugh to Team Pope

Well, I will be turning 60 years old, so it is time to go. My volunteer orders end Oct. 31. I arrived at Pope Jan. 1, 2007, and have had the pleas-

DUI tracker

DUI tracking is current as of Wednesday

Days since last DUI1
200916
DUIs for 200820
AADD Saves	
This week3
This year237



For a free, anonymous ride home midnight to 6 a.m. Friday to Sunday, call Airmen Against Drunk Driving at 394-AADD.

Coining Pope's Finest:

Each Week Col. James Johnson, 43rd Airlift Wing Commander, Highlights An Outstanding Airman



(Above) Col. James Johnson, 43rd Airlift Wing Commander, presents a Commander's Coin to Senior Airman Marisela Hazzard, 43rd Operations Support Squadron, Tuesday.

(Right) Senior Airman Marisela Hazzard, 43rd Operations Support Squadron, performs quality control checks Tuesday on aircrew briefs.



Col. James Johnson, 43rd Airlift Wing Commander, presented his Commander's Coin to Senior Airman Marisela Hazzard, 43rd Operations Support Squadron, Tuesday for her exceptional performance beyond the call of duty.

Airman Hazzard is a Weather Forecaster and performs planning of operational weather for the 43rd AW, 440th Airlift Wing, U.S. Army Golden Knights and 427 Special Operations Squadron. She monitors and interprets atmospheric data using sensing equipment including satellite, radar and numerical forecast models. She utilizes this data by tailoring it into weather briefings used to support all operations.

Airman Hazzard's outstanding job performance is evident through several

examples. Since arriving at Pope in late June, she has hit the ground running. She has received her position certification in two weeks, historically a six-week process. Her certification instantly boosted qualified flight manning from 92 percent to 100 percent. Additionally, she has been essential in the preparation for the weather flight's staff assistance visit. Airman Hazzard has updated and reviewed 18 standard operating procedures, ensuring compliance with more than 130 inspection checklist items. She has also managed the overhaul of an Automatic Data Processing Equipment account valued at more than \$12,000, guaranteeing 100 percent accountability.

Off duty, Airman Hazzard enjoys running. She recently participated in the 2009 Air Force Marathon at Wright Pat-

erson AFB, Ohio. She is a volunteer for the Red Cross and has donated blood for fellow Airman downrange. Airman Hazzard is married to Mark, a senior airman with the 18th Weather Squadron.

Most recently, she dedicated her time to support the newest staff sergeants on Pope. Airman Hazzard assisted in the set-up for the release celebration and organized the certificates for the new selectees. She was also the proffer during the announcement and awarding of the certificates. She is currently serving as the squadron Combined Federal Campaign representative.

Airman Hazzard is an impressive airman with endless initiative and a fantastic attitude. She has led from the front and is ingrained in the 43rd AW mission.

Commander's Helpline

The Commander's Helpline is your direct link to Col. James C. Johnson, 43rd Airlift Wing Commander. If you have worked through normal channels and aren't satisfied, Helplines are an opportunity to ask questions, compliment someone or make suggestions. You must include a name and phone number for a response.

Helplines of general interest will be published in the Carolina Flyer, others will be answered by letter or phone call.

Remember, the most efficient way to solve a problem is to talk directly to the responsible office or follow your chain of command. You can call the Commander's Helpline at 394-4357 or e-mail to commanders.helpline@pope.af.mil.



Helpful numbers

Emergency (Base Phone/home phone)	394-0911
Cell Phone	394-0911
Law Enforcement Desk	394-2800/2808
Helping Hand Hot line	394-2777
Crime Stop	394-4111
Pope Clinic.....	394-4258
Pass and Registration.....	394-2694
Security Force.....	394-2800
Legal Office.....	394-2341
Chapel.....	394-2677
Military Personnel Flight.....	394-2276
Pope Club, collocated.....	497-4031
TRICARE Customer Service.....	1-877-TRI-CARE
Civil Engineers.....	394-2821
Inspector General.....	394-2302
Family Support Center.....	394-2538
Child Development Center.....	394-4323
Kitty Hawk Inn Dining Facility.....	394-4377
Housing Management.....	394-4867
Bowling Center.....	394-2891
Fitness Center.....	394-2671
Finance (Military Pay).....	394-1410/1412
AAFES Shoppette.....	497-8181
Public Affairs.....	394-4183
Pope/Ft Bragg American Red Cross.....	396-1231/877-272-7337

SECAF, CSAF Issue Memo To Stop PMV Fatalities

By Gwen Dooley
Air Force Safety Center

“We are losing far too many Airmen to private motor vehicle mishaps” according to Secretary of the Air Force Michael Donley and Air Force Chief of Staff Gen. Norton Schwartz, in their Oct. 8 memorandum to all Air Force personnel.

In fiscal year 2008, 29 Airmen were killed in motor vehicle accidents. In 2009, 47 Airmen have died due to PMV accidents. The secretary and the chief wrote, “our goal from this point on is zero Airmen lost in preventable PMV mishaps.”

Bud Redmond, Air Force Safety Center executive director, said “all mishap prevention programs have compliance and accountability as key elements, and commanders need to ensure both are met.” Non-compliance with seatbelt usage and speed limit laws were identified as causal factors in 68 percent of the motor vehicle fatalities.

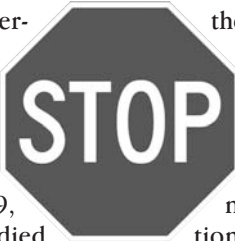
The first step in compliance is education. As such, the memo directs command-

ers to ensure personnel are aware of and enforce the requirements of Air Force Instruction 91-207, The Air Force Traffic Safety Program. Additionally, the memorandum states violations of AFI 91-207, by military personnel, can be punishable under Uniform Code of Military Justice.

Secretary Donley and General Schwartz stated they “cannot tolerate reckless operation of motor vehicles by Air Force personnel.” They asked all personnel for full participation and support as servicemembers move forward to reduce injuries and save lives.

“Airmen have to be aware of the risk they assume while off-duty, mitigate that risk, and don't take on anymore than their fellow Airmen, or their families, can handle,” said Maj. Gen. Fred Roggero, the Air Force chief of safety. “Every wingman is accountable for their actions, and they shouldn't make their friends and family pay for their poor judgment.”

The memo is available on the Air Force Safety Center Web site at <https://newafpims.afnews.af.mil/shared/media/document/AFD-091014-082.pdf>



The 1918 Influenza Pandemic

By Daniel Knickrehm
Pope Historian

In the late spring of 1918, what would become the most virulent outbreak of influenza known to man began. The virus started at Fort Riley, Kan., when a Soldier reported symptoms of fever, sore throat and headache. By noon that day, the camp's hospital had 100 similar cases reported, and by the end of the week, there were 500 cases at the base. Although the first cases were little more than a “three-day fever,” later that year the virus became deadly. It spread throughout the United States and into other parts of the world – the outbreak became a pandemic.

The effect this influenza pandemic had, at least temporarily, on American society was profound. Welcome home rallies for Soldiers returning from WWI were cancelled. Other large gatherings were cancelled, including drives for war bonds and sporting events.

According to PBS.org: “On September 28, [1918] 200,000 [people] gather for a 4th Liberty Loan Drive in Philadelphia. Days after the parade, 635 new cases of influenza were reported.

Within days, the city will be forced to admit that epidemic conditions exist. Churches, schools and theaters are closed, along with all other places of ‘public amusement.’” Many Americans wore white masks over their mouths and noses to prevent transmission of the virus. In severe situations, in-home quarantines were enforced, sometimes on whole neighborhoods.

There were long-term effects of the 1918 influenza pandemic as well. As a direct result of this outbreak, scientists discovered Type A, the first influenza virus. Our current flu vaccines, including the one for H1N1, might not have been developed had the pandemic not forced the scientific community to focus on the influenza virus.

The number of deaths from this pandemic was astounding. In October 1918, the death rate from the Spanish Influenza was 50 per 1,000 people, five percent of the U.S. population. By the end of the pandemic in 1920, an estimated 600,000 Americans died from the virus, and an estimated 20 to 50 million people died worldwide. Literally every family in the country was said to have known someone who died

from what was eventually called the Spanish Influenza.

To place the sheer number of deaths from the 1918 Spanish Influenza pandemic into context, consider these facts:

■ There were more deaths from the Spanish flu than any disease outbreak either before or since, including the “Black Plague” outbreaks in the Middle Ages.

■ There were more deaths from the 1918 influenza outbreak than in any war in American history.

■ The number of estimated deaths, using the lower estimate of 20 million, is roughly equal to twice the current population of the state of North Carolina.

According to the Center for Disease Control, the 1918 pandemic virus was so virulent and deadly among healthy adults that it lowered the average life expectancy in the United States by more than 10 years.

The death rate among adults between the ages of 15 and 34 may have also been a result of deaths in those still fighting WWI in Europe. The close quarters of otherwise young, healthy soldiers, weakened

by months or years of fighting in trench warfare resulted in high mortality rates from the flu concentrated on the fighting fronts. The effect of the virus was also felt by the military on the home front. A letter from B. M. Holden at a depot in Philadelphia dated October 8, 1918, reports: “Epidemic Spanish Influenza hampering operations of depot. Eleven commissioned officers and 1,489 employees absent today. Of the latter, 1,177 work in factories. Situation not improving.”

The effects of the Spanish Influenza pandemic of 1918 were extreme. Even so, one can't help but make connections with the current outbreak of H1N1. One message to take away from the knowledge of the 1918 outbreak is that something as seemingly simple as the flu has the capacity to cripple our fine fighting forces. Today the medical community and military leadership urge people to get flu vaccinations (and other vaccinations as well), not just to prevent the aches and pains of the normal flu but to keep us from falling prey to outbreaks like the one that severely hampered the United States' ability to fight a war more than 90 years ago.

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The public affairs office staff reserves the right to edit all submissions.

Visit the Carolina Flyer Web site at pope.af.mil.



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FLYER NEWS



Airman 1st Class Troy Henshaw, 3rd Aerial Port Squadron, postures himself in a defensive fighting position during the Expeditionary Combat Skills Training program Oct. 15.

Airmen prepare to deploy

Pope's deployment tempo ranks among highest Air Force wide

Story and photo by 2nd Lt. Cammie Quinn
Editor

SALUTE calls and conversations via hand-held radios were the predominant means of communication Oct. 15 at the training course which prepared Airmen for deployments.

Pope has one of the highest deployment numbers according to base populace, Air Force wide. said Master Sgt. Harold Stanberry, 440th Security Forces Squadron.

Any member going on a deployment will attend this training, regardless of their final destination. "Even someone going to Tampa, Fla. will attend training, in fact, we have a major in training to go to Brazil," Sergeant Stanberry said. "Most locations have the potential for the Airman to forward deploy to the Area of Responsibility."

The Expeditionary Combat Skills Training program prompts servicemembers to re-think how they view their roles within the Air Force. The program takes Airmen from their typical job duties and places them in a hostile environment, where they are forced to provide security for their team. During the two-day course, students are taught basic combat skills, regardless of Air Force Specialty Code, before they deploy.

The training divides the group into four- person fire teams, and each member then performs a patrol of the

scene. Each team goes into the defensive fighting position, protecting themselves from an encroaching attack team. The students must then defend their own DFPs while calling back to their team lead with the proper SALUTE report.

Airmen from Pope volunteered to act as opposing forces and ran out of the woodline to simulate an attack strike on the students. "We're doing what all the (Computer Based Training) can't – you're not going to learn until you try the tactics on an actual person," said Staff Sgt. Joseph Gaglin, 43rd Communications Squadron.

Staff Sgt. John Pickard, also from the 43rd CS, said that he tries to "display to (the students) something out of character – we're going to tug at their heartstrings." Both sergeants acted as members of the opposing force.

Through the course, students learn to remove themselves from their normal role in the Air Force and instead focus on one common goal – base security. While deployed, it is imperative for all Airmen to understand the basics of base defense, even in the most austere environments.

The majority of Airmen don't realize that "life extends beyond their Air Force Specialty Code, moreover, their mindset should be more of a warrior ethos rather than their individual efforts," Sergeant Stanberry said. "When push comes to shove, protection of resources and personnel are the main priority at any base."

Sergeant Stanberry and his fellow instructors emphasize

the importance of understanding use of force while engaged in an aggressive situation. Anyone can use a weapon, but when to use it becomes the difficult decision. "It takes milliseconds to make a life or death decision – everyone else has an eternity to decide whether it was the right one," Sergeant Stanberry said. By becoming familiar with weapons and articulating directions, students become comfortable and less hesitant to act.

While deployed Airmen have to solve a problem on their feet. During the course, they gain confidence using even the most basic formations and commands, said Senior Master Sgt. Dennis Ramsdell, 43rd Operations Support Squadron. "We want our Airmen to be assets, not liabilities."

Maj. Heleno Souza, 440th Medical Squadron, a self-proclaimed wound healer, not a wound maker, values the training, saying, "We learn enough to protect ourselves and our troops and gain an appreciation of what they're doing up front." He said Airmen will always feel fear whenever they go somewhere new, but the only way to overcome that fear is with experience and practice.

It is via this course that Airmen are given the chance to face a realistic deployed environment under attack. Ultimately, it is through this course they are able to overcome fears of failure and the unknown in order to protect themselves, their teammates and base resources.

Halloween safety tips for parents

Halloween may be a fun holiday for kids, but for parents, trick-or-treat time can be a little tricky. Concerns about children's safety — whether they are out in the neighborhood or back home with bags of candy — can darken the day more quickly than a black cat, but not to worry. To make Halloween a treat for all, follow these safety tips:



groups. Parents should accompany young children.

❑ Map out a safe route so parents know where their children will be. Stop only at familiar homes where the outside lights are on.

❑ Have children trick-or-treat while it's still light out. If it's dark, make sure someone has a flashlight and pick well-lit streets.

❑ Do not enter strange houses or cars of strangers.

Treats

❑ Do not eat treats until home. One way to keep trick-or-treaters from digging in is to feed them a meal or a snack beforehand.

❑ Check out all treats at home in a well-lit place.

❑ Only eat unopened candies and other treats that are in original wrappers.

Halloween can be a lot of fun for parents and kids alike — if everybody remembers the tricks and the treats of playing it safe.

(Courtesy of the 43rd Security Forces Squadron)

Halloween Hours

❑ The Halloween hours for children trick or treating in Pope housing are from 5:30 to 9 p.m. Oct. 31. For more information, call Tech. Sgt. David Mason at 394-1037.

Make sure your kids dress up safely

❑ Make sure costumes are flame-retardant.

❑ Keep costumes short to prevent trips, falls and other bumps in the night.

❑ Wear light colors or put reflective tape on costumes.

Make trick-or-treating trouble free

❑ Trick-or-treaters should always be in



CLIMATE ASSESSMENT SURVEY

1-31 October 2009

14% of 43rd AW personnel have participated

The 43rd Airlift Wing Climate Assessment is open to military and civilian appropriated fund and non-appropriated fund employees assigned to the 43rd AW.

The anonymous survey aids personnel in expressing their concerns and provides a starting point in resolving issues.

Survey link is on EIM under the Pope Hot List.

For information on how to participate in the survey, please contact the 43 AW/EO at 394-2273/2274.

Pope talks By Rhonda Griffin
Staff writer

*What would you like to know
about 43rd Airlift Wing history?*



"I would like to know more about the Army Air Corps era."

— **Staff Sgt. Joe Lashley**
43rd Civil Engineer Squadron



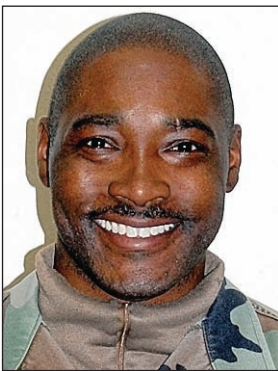
"I would like to learn how the Reserves have impacted the Wing."

— **Senior Airman Keesha Belin**
43rd Force Support Squadron



"I would like to know about the different types of aircraft the Wing has had over its existence."

— **Master Sgt. Dean Ainsworth**
2nd Airlift Squadron



"I want to know the history of the war campaigns the Wing has been involved in."

— **Tech. Sgt. Horatio Fox**
2nd AS

For more information, call the Wing historian at 394-1557.



PHOTO BY RHONDA GRIFFIN

Jail-n-Bail

Capt. Eric Horst, right, 43rd Security Forces Squadron Commander, pleads his case before the "judge," Staff Sgt. Jonathan Osheim, 43rd Aircraft Maintenance Squadron, during the 43rd SFS Jail-n-Bail for the Combined Federal Campaign. See page 10 for more pictures of the Jail-n-Bail mugshots. [See Page 10 for more photos](#)

AFSO 21: Making good processes better

By 2nd Lt. Crystal Vogt
43rd Airlift Wing

Buuuuzzzz! Wrong answer, try again. When the question arises of why a process is performed a certain way, a standard answer can be expected, "Well, that's just the way it's always been done." When given that response, don't accept it – challenge it. Instead ask, "Why has this area always performed this process this way?"

Think of it in a different perspective. The Air Force Smart Operations 21 fact sheet says even good processes can be made better. The improvements must be centered on the core missions that Airmen are responsible for conducting.

AFSO21 gives people the tools they need to shed unnecessary work and to ensure

every Airman's efforts contribute directly to accomplishing the Air Force mission.

There are many strategies AFSO21 uses to focus on achieving the desired outcomes. One honing tool is the five desired effects which guide improvement initiatives at every Air Force level to help meet the warfighter demands. They are to increase productivity, increase critical equipment availability, improve response time and agility, sustain safe and reliable operations, and improve energy efficiency.

To achieve the five desired effects, a shop, office or individual should formulate each of the effects into a question using who, what, where, when, why and how. For example, "How does process X completed by office Z increase productivity?" Ask

this for every single process and try not to automatically answer the questions.

Think about it – eventually, Airmen become superstars of the processes performed while performance goes on autopilot. Habits are formed and training becomes susceptible to "the way it has always been done," and the consideration that there may be a more efficient way to perform a process is set aside. Individuals and groups often forget circumstances change: times change, environments change, people rotate and manpower decreases.

Let's relate this to a current situation. When manpower is reduced by one or two people, individuals assume the reduction in personnel is a limiting factor and suddenly a day's work that was once so easy becomes too difficult. People

have become conditioned to think, "I don't have enough manpower." Does this sound familiar? This is why the who, what, where, when, why and how is so important to ask every day, not when a roadblock occurs.

Anyone can ask these questions. Even better, there's an office on base that specializes in looking at processes and giving suggestions for eliminating wasteful steps so there's extra time in the day to get other items accomplished. The AFSO office is available to assist every shop, office or individual on base. AFSO is only a phone call or e-mail away. For more information, call 2nd Lt. Crystal Vogt at 394-2225 or Tech. Sgt. Joshua Armstrong at 394-1554. To read the AFSO21 Fact Sheet, visit the AFSO21 site on the Air Force Portal.

News

Editor's note: To maintain the newsworthiness and timeliness of the Carolina Flyer, briefs will run for a maximum of four weeks or until the event occurs, whichever comes first. If there's a need to extend the publication of the brief, call the editor at 394-1723.

■ **Closure:** The Manchester Gate is closed Oct. 31 through Nov. 2 for environmental cleanup activities at the former Chemical Warfare Training Area site located at the intersection of Reilly Road and Manchester Road. For more information, call the 43rd Civil Engineer Squadron Environmental Flight at 394-4194.

■ **Haunted Hercules:** Fort Bragg's 82nd Airborne Division Museum, located on Ardennes Street, hosts the fourth annual Haunted Hercules from 7 to 10 p.m. today and Saturday. The C-130E static exhibit will be turned into a haunted house complete with an entrance tunnel and graveyard scene, one of a kind props and new scares for all who attend. Children of all ages are encouraged to wear their Halloween costumes and participate in the costume contest. For more information, call 432-3443 / 5307 or e-mail jimmie.hallis@us.army.mil.

■ **Pumpkin Smash:** Fort Bragg Family and Morale, Welfare and Recreation's Green Beret Club are providing a chance to smash pumpkins starting at 6 p.m. Oct. 30. Participants are encouraged to bring their "smashers" of choice. People can also participate in pumpkin bowling and a pumpkin toss while enjoying themed music. The event is open to adults 21 years old and up. The Pumpkin Smash is free of charge. For more information, call 907-4976.

■ **The Haunted Woods:** Pope is featuring the

Haunted Woods from 6:30 to 9 p.m. today and Saturday at the Pope Fitness Trail between Pope Elementary School and the AFRC. The price for admission is \$2. For more information, call 394-4238.

■ **Wounded Warriors Run/Walk:** The Woodlake Country Club is hosting a Wounded Warriors 5K Run/Walk at 10 a.m. Saturday in support of those who have risked their lives. The run/walk begins at the south side of the marina. The entry fee is \$15 and the entire sum goes toward the Wounded Warriors Project. Hot dogs and water will be provided. Other donations are appreciated and may be sent to Wounded Warrior Project (c/o Kayla Lively) P.O. Box 296, Vass, N.C. For more information, call Ms. Lively at 528-0229 or Don Jones at 245-2395.

■ **Free Meal:** The Chick-fil-A restaurant in Southern Pines, located at 10735 South U.S. Hwy 15/501, is hosting a Veterans Day Celebration with activities from 11 a.m. to 3 p.m. Nov. 11. The restaurant offers a free Chick-fil-A meal to any current or retired military personnel from 10:30 a.m. to 10 p.m. Military customers can arrive in uniform or present military identification, veterans association I.D. or other proof of service to receive their free meal.

■ **Deployed Family Dinner:** The Airman and Family Readiness Center is hosting a free dinner Tuesday from 6 to 8 p.m. at the Pope Elementary School for families of deployed/ remote members. There will be arts, crafts, food and fun for the children and adults. Key spouses, first sergeants and commanders are welcome to attend and support their families. RSVP with the AFRC by calling 394-2538.

■ **Key Spouse Event:** The Key Spouses are having a suicide awareness training from 6 to 7:15 p.m. Nov. 4. This workshop provides participants with the necessary attitudes, knowledge and skills to recognize people at risk and to undertake appropriate management or referral of a person at risk of suicide. For more information or to register, call the AFRC at 394-2538.

■ **10 Steps to Federal Employment:** Pope members are invited to a 10 Steps to Federal Employment class from 8 a.m. to noon Nov. 5. The class is for those seeking employment with the federal government. Participants will learn how and where to search for jobs, how to complete the online resume, and how to self-nominate for positions. Childcare funds are available. To register, call 394-2538.

■ **Pumpkin Patrol:** The annual Pumpkin Patrol is from 5:30 to 9 p.m. Oct. 31. The 43rd Security Forces Squadron is looking for volunteers to conduct pumpkin patrol. All volunteers need to be in uniform. Teams of two or more will be assigned a housing area to patrol and assist in keeping the children safe. Interested individuals should contact Tech. Sgt. David Mason at 394-1037 or send e-mail to david.mason-02@pope.af.mil.

■ **Breast Cancer Awareness Event:** LaTeacha Coleman presents the Life After Cancer Reach Out, Uplift Tour, a breast cancer awareness event, from 10 a.m. to 2 p.m. Oct. 31 at the Holiday Inn, located off of I-95. There will be a fashion show, an auction, a skit and several guest speakers. For more information, send an e-mail to lateacha@life-after-cancer.org.

Pope celebrates Red Ribbon Week

Pope joins with the Department of Defense to promote healthy, drug-free lifestyles during Red Ribbon Week 2009 which began Oct. 21 and runs until Oct. 31.

"Red Ribbon Week is a national observance to remind us of the dangers of drug abuse and the benefit of a healthy, drug-free lifestyle," said Davis Chu, Under Secretary of Defense. "The Department of Defense has been in the forefront of the nation's efforts to combat illegal drugs. Whether it is voluntarily reaching out to others in need of help, we have been steadfast in our endeavors to confront this problem."

The first Red Ribbon celebration was organized in 1986 by a grassroots organization of parents concerned about the destruction caused by alcohol and drug abuse. The red ribbon was adopted as a symbol of the movement in honor of Enrique "Kiki" Camarena, an agent with the U.S. Drug Enforcement Administration who was kidnapped and killed while investigating drug traffickers. The cam-

paign has reached millions of children and has been recognized by the U.S. Congress.

"Red Ribbon Week is a chance to be visible and vocal in our desire for a drug-free community," said Tracy Deveau, Drug Demand Reduction Program Manager.

"Research shows that children are less likely to use alcohol and other drugs when parents and other role models are clear and consistent in their opposition to substance use and abuse."

Pope members are encouraged to participate by displaying red ribbons.

For more information about Red Ribbon Week or prevention resources, visit <http://www.whitehouse.gov/news/releases/2001/10/20011024-3.html>, <http://tricare.mil/tma/DDRP/Red-Ribbon-Week.aspx>, <http://www.nfp.org/> or contact the Drug Demand Reduction Program at 394-1182 and Alcohol and Drug Abuse Prevention and Treatment at 394-4700.

(Courtesy of Drug Demand Response Program)

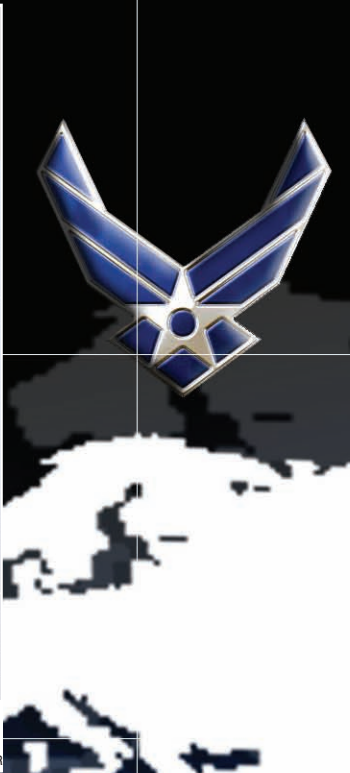
Below is the schedule of events for Red Ribbon Week on Pope

- Today – Pope Elementary School Classroom Door Decoration Contest
- Monday – Red Ribbon Week outreach and prevention information available at Family Services building
- Tuesday – Red Ribbon Week outreach and prevention information available at Medical Treatment Facility
- Tuesday – Wednesday – Red Ribbon Outreach and Prevention visits squadrons
- Wednesday – Red Ribbon Week outreach and prevention information available at Pope Fitness Center





Afghanistan
PHOTO BY STAFF SGT. MICHAEL B. KELLER



KANDAHAR AIRFIELD, Afghanistan
PHOTO BY STAFF SGT. ANGELITA LAWRENCE



CAMP TAJI, Iraq
PHOTO BY TECH. SGT. JOHNNY L. SALDIVAR



BAGRAM AIRFIELD, Afghanistan
PHOTO BY STAFF SGT. SAMUEL MORSE



MANAS, Kyrgyzstan
PHOTO BY SENIOR AIRMAN STEELE C. G. BRITTON



ROYAL AIR FORCE MILDENHALL, England
PHOTO BY STAFF SGT. CHRISTOPHER L. INGERSOLL

Around the Air Force

Afghanistan

Over Afghanistan, an A-10 Thunderbolt II receives fuel from a KC-10 Extender Oct. 5.

Camp Taji, Iraq

Maj. Jack Swinehart (left) demonstrates aerial formation flying procedures for an Iraqi pilot over Camp Taji, Iraq, Oct. 8. The Iraqi students learn approaches, take-offs and landings. Major Swinehart is an 721st Air Expeditionary Advisory Squadron UH-1H pilot, and is deployed from Fort Rucker, Ala. U.S. Air Force instructor pilots assigned to the 721st AEAS train and advise their students around the clock.

MANAS, Kyrgyzstan

American and Spanish Airmen place flowers for the 9/11 and Spanish memorials in remembrance of those who have made the ultimate sacrifice in support of Operation Enduring Freedom Oct. 13, at the Transit Center in Manas, Kyrgyzstan. The Spanish Mizar Detachment marked the end of a tour by conducting a lowering of the Spanish flag signifying a halt in service at the Transit Center.

KANDAHAR AIRFIELD, Afghanistan

Master Sgt. Timothy Starkey works aboard an HC-130 Hercules during a mission Oct. 6. Sergeant Starkey is a medical technician assigned to the 451st Aeromedical Squadron at Kandahar Airfield, Afghanistan.

BAGRAM AIRFIELD, Afghanistan

An Air Force HH-60G Pave Hawk takes off for a medical evacuation mission as the sun sets over Bagram Airfield, Afghanistan. Although primarily used for combat search and rescue, the HH-60G supplements the Army's UH-60 Black Hawks in medical evacuations during night and marginal weather conditions.

ROYAL AIR FORCE MILDENHALL, England

Staff Sgt. Christopher McFedries checks his decontamination kit while wearing his chemical suit during the operational readiness inspection Oct. 13, at Royal Air Force Mildenhall, England. The inspection tests Airmen's abilities to operate in a wartime environment. Sergeant McFedries is assigned to the 100th Civil Engineer Squadron.

Cribs pose potential safety risks

For most expectant parents, shopping for a crib is one of the first signs that there really will be a new addition to the family. However, parents should be careful when making this purchase. Although government safety standards on cribs have been in place since 1973, accidents still occur causing injury or death. According to the Consumer Product Safety Commission, 97 babies and young children under the age of five died from crib-related deaths between 2000 and 2004, while others were seriously injured.

One of the most important things to remember when using a crib that has been handed down from generation to generation, especially if manufactured before the government passed legislation, is to ensure the crib meets safety standards. Since lead paint can cause brain damage if ingested, also check to ensure lead-based paint was not used. As babies grow and are able to stand, they tend to chew on things, especially their cribs if not removed immediately upon awakening.

Preparing for the arrival of a new baby is a joyous occasion, but precautions should be taken when selecting items for the baby's arrival. Sometimes children are left unsupervised in cribs because parents think that their children are safe. However, if the crib does not meet government safety standards, tragedy may occur. Parents should visit the CPSC Web site for safety updates. Safety information can also be obtained from store personnel when shopping for nursery furniture or other baby items.

Other things to remember about a baby's crib include:

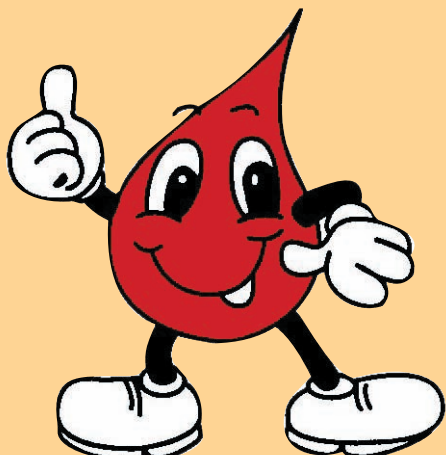
- ☐ Slats should have less than 2 3/8 inches between them.
- ☐ There should be no cutouts on the head and footboard of the crib because a child's hand or head could get caught between posts.
- ☐ Crib posts should not be longer than 1/16th of an inch because this could cause a child to strangle if clothing is caught on posts.
- ☐ The crib should sit closer to the floor to prevent injury to children when they begin climbing from the crib, as they tend to do as they grow.
- ☐ Mattresses should be firm and fit snugly in the crib to prevent the child from getting stuck between spaces.
- ☐ Bumper ties should be snapped or tied in place and ties should be as short as possible. Bumpers should be removed from the crib as children grow to prevent climbing.
- ☐ Crib mobiles should meet safety standards with strings no longer than 7 inches and as far away as possible from the baby's reach. Mobiles should be removed from the crib as soon as the baby is able to sit up.
- ☐ Crib sheets should fit snugly, while blankets should be small and tucked in along the sides of the crib or not used at all. Instead of using blankets, dress the baby warmly.
- ☐ Stuffed toys pose a potential strangulation hazard should not be in the crib.
- ☐ Place the crib away from windows or shades – the cords are potential strangulation hazards.

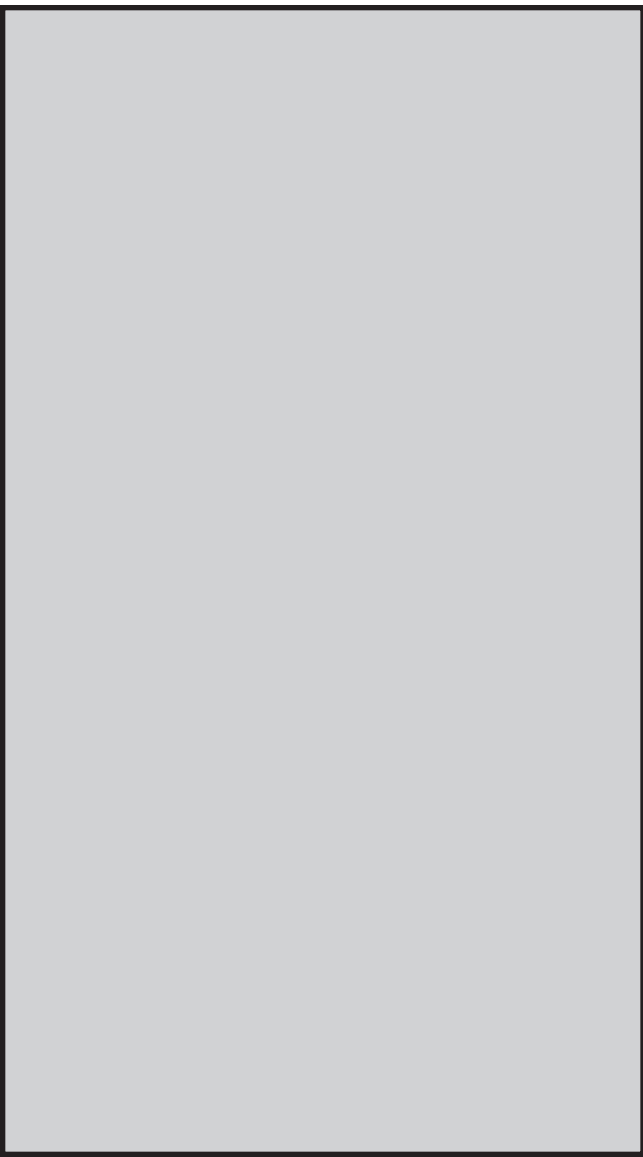
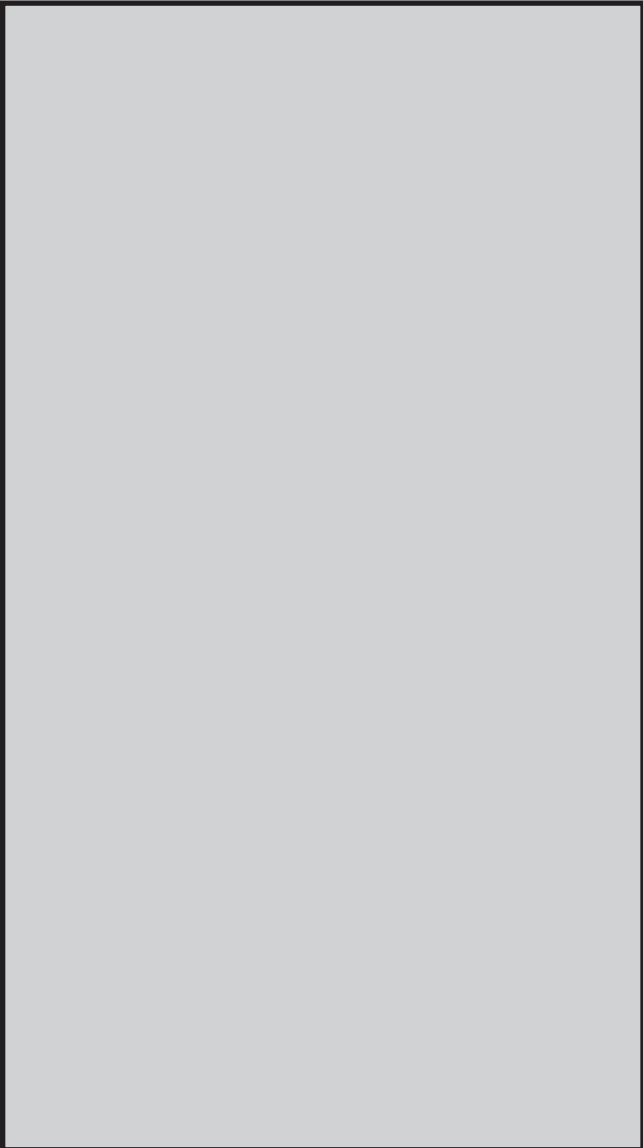


PHOTO BY SENIOR AIRMAN MINDY BLOEM

Giving for a cause

Airman 1st Class Jose Perez, 43rd Medical Support Squadron, gives blood at the Pope Club ballroom Oct. 15. All blood donated helps support servicemembers in the Area of Responsibility.



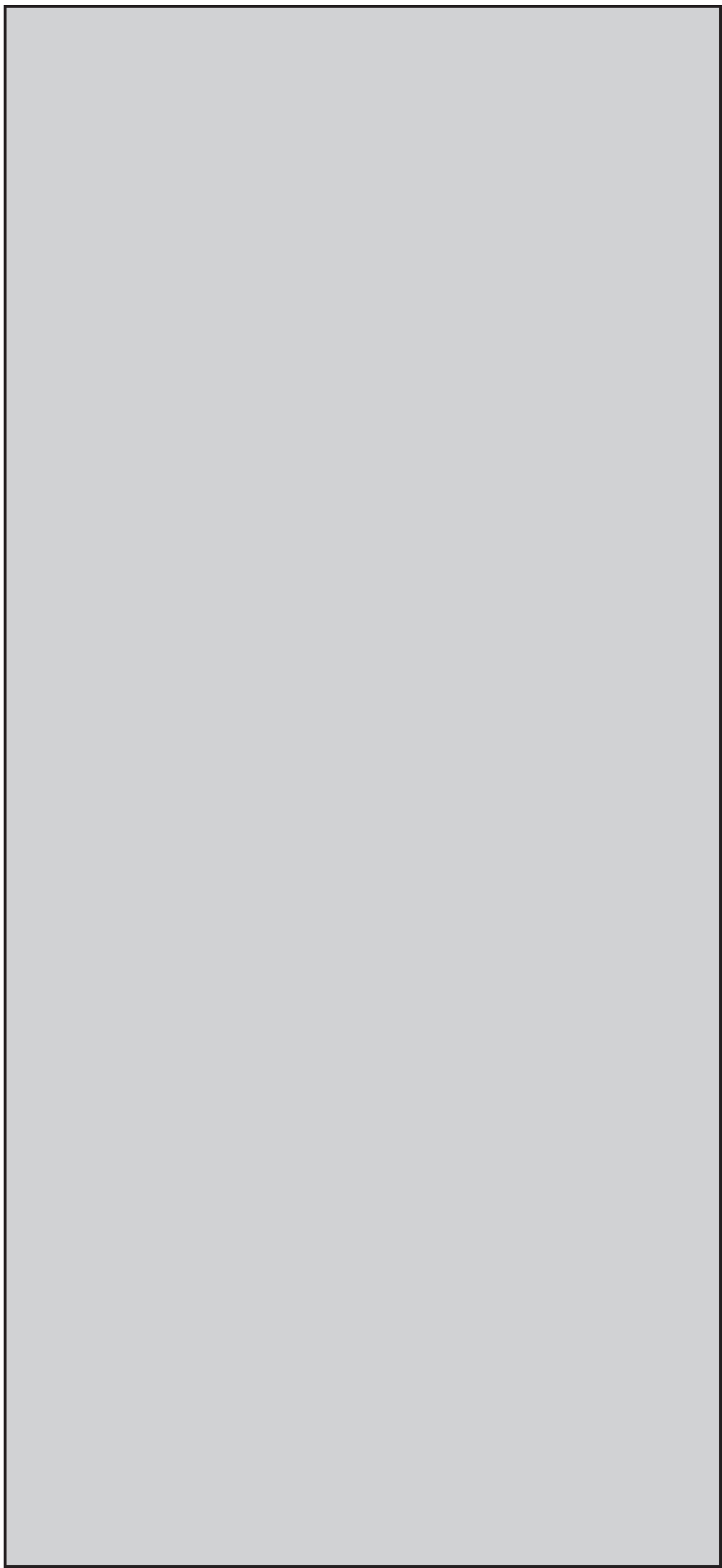


CFC:

Jail-n-Bail

Members of the 43rd Security Forces Squadron were out in full force Oct. 19 for the Jail-n-Bail event to raise money for the Combined Federal Campaign. Many throughout the Pope community were surprised to find themselves in handcuffs and on the way to the “slammer,” facing charges that ranged from excessive caffeine consumption to bad Web design. All in good fun, the fundraiser proved to be a success with the 43rd SFS raising an additional \$1,570 to add to this year’s CFC campaign.

PHOTOS BY RHONDA GRIFFIN



Battle

From Page 1

police headquarters. One Friday, which is a holy day according to Islamic tradition, the local chief of police there and his staff invited the major's team to join them in a tour of the hillside. Major Kwasnoski and his team were able to foster a better relationship with those policemen as they rode camels along the countryside and visited shepherds and their flocks, met with local camel herdsman and enjoyed a traditional Afghan meal.

"We enjoyed a wonderful meal together of lamb, rice, fresh vegetables, fruits and tea," he recalled. "We sat together on the floor and it was very much about building relationships – building trust that I am convinced paid dividends during our visit, for the next cadre of forces that go through that province and for years to come. It was an important part of the mission for us. The interpersonal relationships were absolutely critical to building trust and to mission success."

Major Kwasnoski says he tries to stay updated with what is going on in that part of the world through news sources. He has returned with a new appreciation for life and all its freedoms and has a newfound

respect for what it takes to secure those freedoms.

"It's very sobering to understand that I returned home to my family whole and well, yet others were not so fortunate," he said. "It's sobering to hear of attacks on locations or routes which I frequented, roads which I traveled with some regularity, just to know that that could have been my team. I so appreciate the sacrifices of those still serving over there. The worst part of the deployment was the experience of losing coalition partners – great warriors and patriots – to a noble cause. The same goes for the wonderful Aghan patriots who paid the ultimate price trying to improve their country or to

the one who was just an innocent bystander."

Major Kwasnoski said he feels forever changed by his deployment experiences and credits his success to the host of support he received from both there and back home. He was also able to focus on his mission while deployed because he had the peace of knowing his loved ones were taken care of by the Pope community and the members of the 43rd CPTS.

"I'd be remised if I didn't mention how important all the support from Pope was, particularly to my family," he said. "It was comforting to me down-range to know that my family was secure with a great safety net of support."

Wingman Day

From Page 1

the road, texting while driving. President Barack Obama recently addressed the issue with an Executive Order against texting while driving while for federal employees. In the speaker's story she commented on how a 23-year-old life was cut short and the sig-

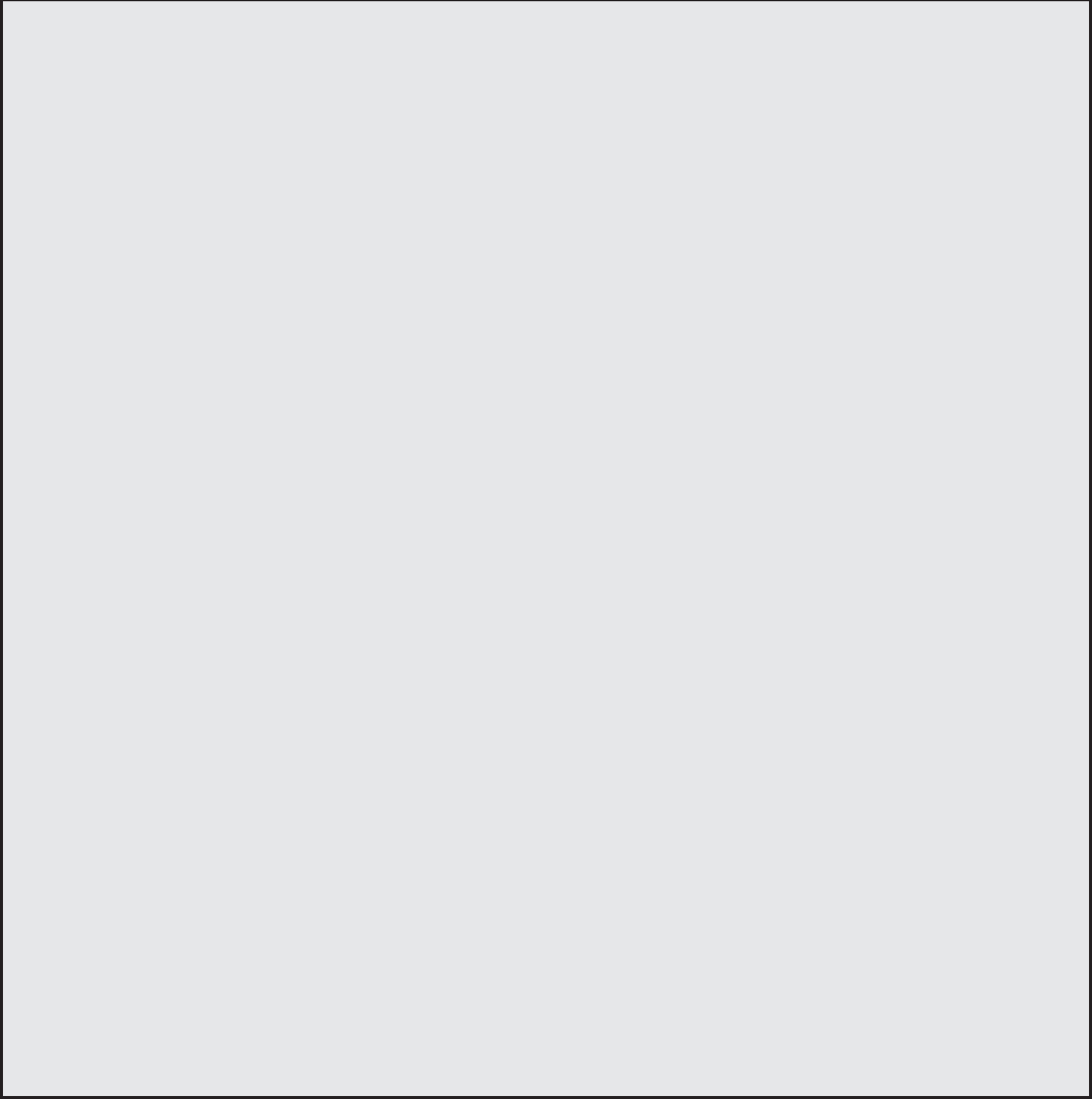
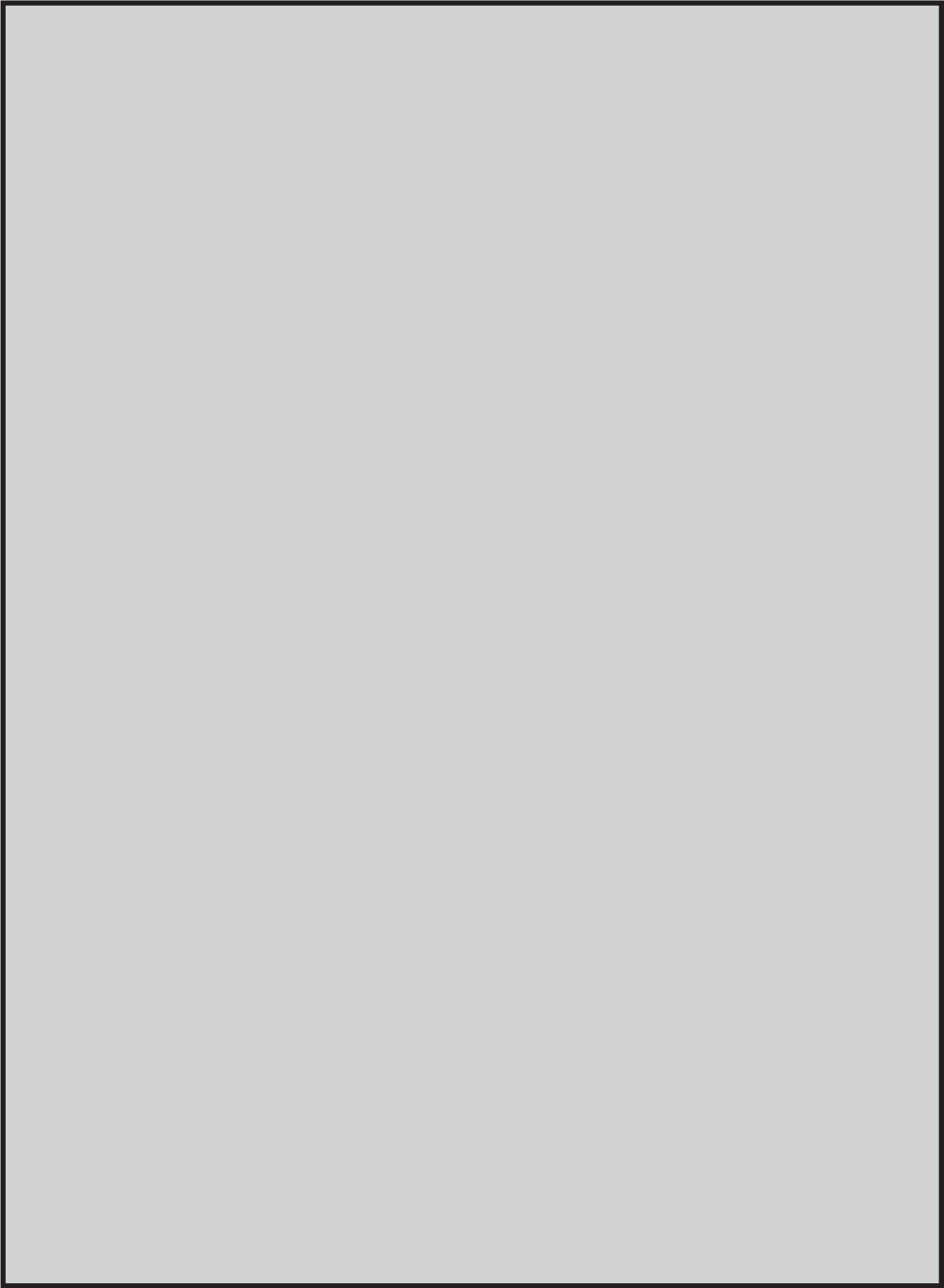
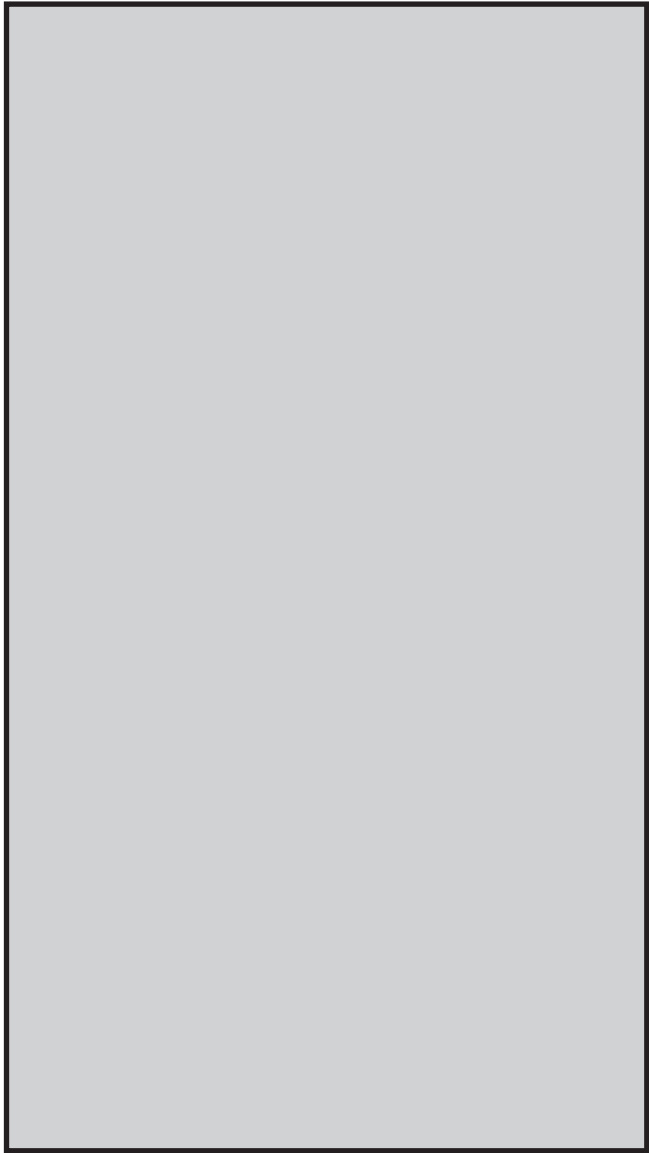
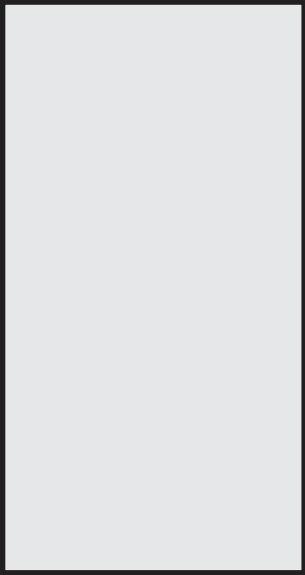
nificant medical, physical and emotional scars left. Our guest was the victim – she showed pictures of the horrific accident scene, and the injuries she and her husband sustained which nearly cost her life and did cost the life of the young woman who was texting while driving.

In all, the day was well-received, with many thought-provoking questions and discussions centering on the reoccurring

yet life-threatening topics. Each person filled out a survey to provide feedback to Wingman Day organizers and wing leadership in order for them to determine what impact the day made on participants.

The goal of the day was to get everyone to talk openly about issues, come up with solutions and reshape their way of thinking.

Often, we are told people are the Air Force's greatest resource.



CAROLINA FLYER

MARKETPLACE

Oct. 23, 2009

www.pope.af.mil

POPE SERVICES

Kitty Hawk Inn
☐ 394-4377
UTA weekend Saturday and Sunday:
Breakfast: 6 to 8 a.m.
Lunch: 10:30 a.m. to 1 p.m.
Dinner: 4 to 7 p.m.
Monday - Friday
Breakfast: 5:30 to 7 a.m.
Lunch: 10:30 a.m. to 1 p.m.
Dinner: 4 to 7 p.m.
Weekends, Holidays and downdays
Brunch: 7 a.m. to noon
Supper: 4 to 6 p.m.
Habaneros' Mexican Grill
☐ 394-4580
Breakfast

Monday - Friday: 7:30 to 10:30 a.m.
Lunch
Daily: 10:30 a.m. to 2 p.m.
Information, Tickets and Travel
☐ 394-4478 or 394-5462
Monday - Friday: 10 a.m. to 5 p.m.
Library
☐ 394-2195
Monday - Thursday: 9:30 a.m. to 8 p.m.
Friday: 9:30 a.m. to 7 p.m.
Story time
Friday: "Scary Stories" 4 p.m.
Tuesday: "Scary Stories"
Saturday: 10 a.m. to 5:30 p.m.
Wood Shop

☐ 394-5049
Tuesday - Thursday: 1 p.m. to 8 p.m.
Friday and Saturday: 9 a.m. to 5 p.m.
School Age Programs
☐ 394-2869
Monday - Friday: 6 a.m. to 5:30 p.m.
Auto Hobby/Equipment Rental
☐ 394-2293
Tuesday - Thursday: 11 a.m. to 8 p.m.
Friday and Saturday: 9 a.m. to 5 p.m.
Community Center
☐ 394-2779
Closed for renovation
Bowling Center
☐ 394-2891

Monday - Thursday: 11 a.m. to 9 p.m.
Friday: 11 a.m. to 1 a.m.
Saturday: 11 a.m. to 12 a.m.
Sunday: 11 a.m. to 7 p.m.
Willow Lakes Golf Course
☐ 394-GOLF
Monday: Closed
Tuesday and Sunday: 7:30 a.m. to 7:30 p.m.
Fitness Center
☐ 394-2671
Monday - Friday: 5 a.m. to 11 p.m.
Saturday and Sunday: 7 a.m. to 6 p.m.
Holidays and family days: 7 a.m. to 3 p.m.
Frame and Design Arts
☐ 394-4192
Monday and Tuesday: 10 a.m. to 5 p.m.

Wednesday and Thursday: 10 a.m. to 7 p.m.
Friday: 10 a.m. to 5 p.m.
Saturday, Sunday and Holidays: Closed
Butler's Barber Shop
☐ 394-4387
Monday - Friday: 9 a.m. to 5 p.m.
Mack's Barber Shop
☐ 436-7718
Monday - Friday: 9 a.m. to 5 p.m.
Child Development Center
☐ 394-4323/2724
Monday - Friday: 6:30 a.m. to 5:30 p.m.

Pope chapel

315 Ethridge Street
☐ 394-2677

Religious services

For bible studies call the chapel

Traditional

service:

Sunday, 8 a.m. except second Sundays

Contemporary

service: Sunday, 11:30 a.m.

Protestant Com-

bined Worship:

11:30 a.m. the second Sunday of each month with potluck following services

Sunday school (all

ages): 10 a.m. at Pope Elementary School

Catholic services:

Sunday at 9:30 a.m. and 5 p.m.

RCIA: Contact 394-1856

CCD: 11:15 a.m. at Pope Elementary School

Services offered at Fort Bragg

Catholic service:

JFK Chapel, Ardennes Street, Saturday at 5 p.m. Confessions at 4 p.m.

Muslim or Ortho-

dox Christian serv-

ices: Call the Fort Bragg Chapel at 396-1121.

Officers' Christian

Fellowship:

Bible study on leadership, Wednesday at 6 a.m.

Jewish services:

Contact the Faith Community Chapel Bldg. D-3733 Ardennes St. at 489-2094.

Wiccan cere-

monies:

The Watters Center on Fort Bragg holds an open circle Thursday at 7:30 p.m.

THURSDAY, NOVEMBER 5th

oneNIGHTtwoEVENTS

Pizza & Spaghetti Buffet 5-7PM

Family Night at the Club

Adults \$5 // Under 12 \$3 // Under 3 Free

THINK YOU CAN DANCE?

6pm // Pope Club // Open to All Ages! Families/Groups or Individuals. Call 394-2869 for information.

Neil Buckley Performing Arts Series

[ugt] you got talent

FAMILY & TEEN Talent Contest

November 7 • 1PM • Base Theatre

Call 394-2869 for registration and details.

Air Force Services Community Center Year of the Air Force Family [ugt] you got talent

Year of the Air Force Family

Fitfactor

GET UP! GET OUT! GET FIT! Fit Factor stimulates interest in and awareness of the importance of healthy choices in the lives of our youth, teens and families while still having fun!

There are awesome incentives at each level! Plus, earn 500 Fit Factor points each month to qualify for bonus prizes!

Join the fun! Enroll in Fit Factor! Call School Age Program at 394.2870 or visit us in Building 25. Visit www.afgetfit.com

NFL SUNDAY TICKET!!! FOOTBALL

Watch all NFL GAMES EVERY SUNDAY!!!

ONLY AT THE POPE CLUB!

Movies

Tickets are \$2 for adults and \$1.50 for children 12 and younger.

Pope Theater

Armistead, Pope

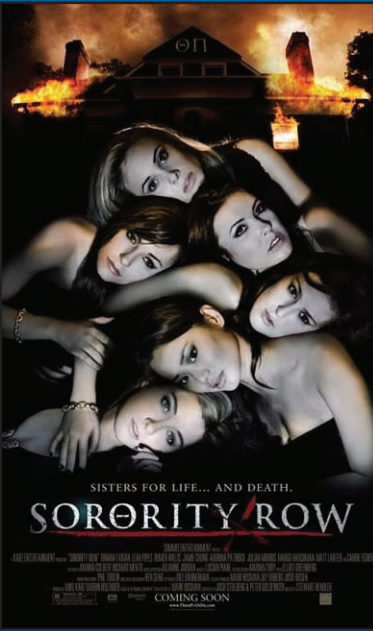
Tonight: Inglourious Basterds (R) 7 p.m.

Saturday: Aliens in the Attic (PG) 4 p.m.; Extract (R) 7 p.m.

Sunday: Shorts (PG) 4 p.m.; Whiteout (R) 7 p.m.

(Courtesy of www.aafes.com)

New Releases Today:



SORORITY ROW

(Teri Andrzejewski, Adam Berry) Cassidy, Jessica, Claire, Ellie and Megan are sorority sisters and true-blue friends to the end – until a prank gone wrong resulting in Megan's death. Rather than risk their futures by reporting the crime, the friends agree to cover it all up. Cassidy and company learn to regret their decision one year later when a stalker begins sending them videos of the night Megan died. Unfortunately for the sorority girls, the stalker doesn't intend to only send videos but to go after them and anyone who knows their secret. **Rated R**



WHITEOUT

(Kate Beckinsale, Alex O'loughlin) The only U.S. Marshal assigned to Antarctica, Carrie Stetko will soon leave the harsh environment behind for good; in three days, the sun will set and the Amundsen-Scott Research Station will shut down for the long winter. When a body is discovered out on the open ice, Carrie's investigation into the continent's first homicide plunges her deep into a mystery that may cost her her own life. **Rated R**